

10 RULES OF LOVE

Love is a special four-letter word that is used to describe a strong interpersonal affection, pleasure, and or personal attachment that a person has for someone else or something in particular. Love is also a virtue like respect, kindness, and compassion are. Studies and tests have been shown that true love, actually does exist between certain people and within their hearts. The love that a person can have may pertain to personal relationships like family and friends. Love can also pertain to objects or food, like a child who loves a certain blanket and how women love chocolate. Love is usually said that it cannot be described with exact words but indeed has many words used to describe that unique feeling that can happen, such as butterflies and warmth. Love can mean different to different people and everyone expresses their love in different ways.

Here are the 10 rules of love that one should follow to make his or her relationship more beautiful and stronger

Treat people how you treat yourself

This rule is the first and most important of all because how we treat other people does affect our own life. How people treat other people displays their personality and how they feel about themselves. Treating others with compassion and empathy, respect, and encouragement is a virtue. This also shows others that you are a caring person with morals, standards, and principles that are highly positive, and following this simple rule can inspire others to be more positive.

Honesty is the Best Policy

The second rule of love is the most important for having high principles and morals throughout life. This means not lying to yourself, your partner, or anyone at all. The main point of this rule is that people who are close to you always deserve the truth out of love and respect for them. Not telling any lies and being honest is always the best choice because sometimes lies can get too deep and out of control, which can affect a person's life in the present time and for many years to follow.

Cheaters Never Win.

The third rule is the most important for maintaining healthy and positive relationships throughout life, intimate or platonic. Love involves being honest and having respect for yourself and all other people around you. Cheating can be hurtful, harmful, damaging, and can cause a bad reputation to be started. This rule of love pertaining to cheating is often broken during these modern times and with extremities. This rule should never be broken and is very important for remaining respectful and respectable.

Forget & forgive

The fourth rule is the one rule that most people have a hard time following because pride and bitterness get in the way. This rule means so much because forgiveness can set anyone free. Letting go of the hurt and pain, putting it away, and forgiving someone who has brought pain can free the soul from the past and all of the negative emotions. Forgiving someone for something small or very large can bring peace and reduce stress.

Actions Speak Louder Than Words

Changes need to immediately follow an apology, and sometimes so does an explanation. This rule of love is important for people who really are sorry for what they have done and want to change their ways and express that through actions. Don't just say it, mean it and change it. Trust will start to increase, along with the lessening of mistakes and irrational decisions.

Help and grow

When we talk about love it's always about finding someone who always encourages you to grow and develop yourself for your betterment someone truly said "Affection is when you see someone's strengths; love is when you accept someone's flaws." not denying the fact of accepting the other one with the flaws but encouraging them to change or to grow is also important it makes your relationship stronger and happier

"We" Time

It's always important to take time for the person you love, this rule applies to every relationship that exists. No matter how much you love the other one but not giving sufficient time can loosen your relationship, do something that interests both of you like painting, playing a video game, cooking or any other activity that not only makes you explore to the other person but will bring your relationship more closure.

Respect others opinion

You might come from a different environment, upbringing, circle you hang out with, or happenings of life and all that brings the perception to your life. Yours and other person's opinion might differ rather than arguing at the point, take some time to understand there point and make them understand your view. This will help to create fewer chances of conflicts between your relations. Dominance will lead to nothing but understanding can!

Let's sort it out

It is perfectly fine to fight while you're in a relationship as this shows your partner that you care about your relationship. You should never give up on love if you feel a soul-deep connection with the person so it's better to sort things out before it turns out to be the worst. You can't just give up on someone because the situation's not ideal. Great relationships aren't great because they have no

problems. They're great because both people care enough about the other person to find a way to make it work."

Make the first move

It's okay that your partner, friend, or anyone from the other side is not making the first move, be the one to resolve and make efforts. The silence can spoil your relationship but communication or one small effort can make all things sorted. Don't let ego get in the way, you won't be small if you talked first. Make sure any fight doesn't last above 12 hours, make a habit to resolve all the conflicts before going to bed so that you and the other person can sleep peacefully.